## **Notice of Patient Protections**

2022 - 2023 Plan Year generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact Brian Ard at 3807 Brandon Ave SW #2440, Roanoke, VA 24018.